

Emergency kit checklist:

- Drinking Water: 2 litres per persons per day, include pets
- Water for Cleaning: 2 litres per persons per day
- Food (non-perishable, doesn't require preparation) cans, energy bars,
- Manual can opener and utensils
- Crank or battery-operated flashlight, with extra batteries
- Battery-operated or crank radio
- Extra keys for house and car
- Extra cell phone charger
- First aid kit
- Cash in small bills and coins
- Paper and pens, whistle
- Special needs items (eg. medications, baby food, diapers, extra glasses, hearing aids)
- Personal hygiene items (toothbrush, toilet paper, soap, hand sanitizer)
- Copies of important family documents (birth and marriage certificates, passports, licenses, wills, land deeds and insurance) **Tip:** take a phone photo and email to yourself or trusted contact
- copy of your emergency plan
- copy of your household contact card

Additional Items:

- Change of clothing, shoes
- Plastic sheeting
- Scissors and a pocket knife
- Garbage bags and twistties
- Multi-tool or basic tools (i.e. hammer, wrench, screwdriver, etc.)
- Ducttape
- Sleeping bag or warm blanket for each member of your household

OTHER ITEMS:

Contact List: (Phone or Email)

School: _____

School: _____

Doctor: _____

Other: _____

Other: _____

Out of Town: _____

Household Contact Cards completed

Meeting Place:

1. Close By:

2. Out of Area:

Meeting Place Practiced

Pets:

Name: _____

Breed/License _____

Name: _____

Breed License: _____

Pet Friendly Hotel/Shelter:

Additional needs:

Mobility Items: (wheelchair, crutches, baby stroller)

Notes:

Disclaimer: Canadian Red Cross emergency preparedness materials are provided for free to the public on an "as is" basis. See redcross.ca for more.

Your local Canadian Red Cross:



